

Mental Health Protective Factors

Individual Factors	Family Factors	School Factors	Community and Cultural Factors
<input type="checkbox"/> Easy Temperament	<input type="checkbox"/> Attachment to Family	<input type="checkbox"/> School Achievement	<input type="checkbox"/> Sense of connectedness to community
<input type="checkbox"/> Adequate Nutrition	<input type="checkbox"/> Supportive, caring parents	<input type="checkbox"/> Sense of school belonging	<input type="checkbox"/> Attachment to community networks
<input type="checkbox"/> Above Average Intelligence	<input type="checkbox"/> Family harmony	<input type="checkbox"/> Positive school climate	<input type="checkbox"/> Participation in church or other community group
<input type="checkbox"/> Problem Solving Skills	<input type="checkbox"/> Secure and stable family	<input type="checkbox"/> Pro-social peer group	<input type="checkbox"/> Strong cultural identity and ethnic pride
<input type="checkbox"/> Internal Locus of Control	<input type="checkbox"/> Small family size	<input type="checkbox"/> High expectations	<input type="checkbox"/> Access to support services
<input type="checkbox"/> Social Competence	<input type="checkbox"/> More than 2 years between siblings	<input type="checkbox"/> Required responsibility and service to others	<input type="checkbox"/> Community cultural norms against violence
<input type="checkbox"/> Social Skills	<input type="checkbox"/> High level of family responsibility	<input type="checkbox"/> Opportunities for success	<input type="checkbox"/> Caring neighborhood
<input type="checkbox"/> Good coping style	<input type="checkbox"/> Strong family norms and morality	<input type="checkbox"/> Opportunities for recognition of achievement	<input type="checkbox"/> Neighbors take responsibility for monitoring child
<input type="checkbox"/> Optimism	<input type="checkbox"/> Economic security	<input type="checkbox"/> School norms against violence	
<input type="checkbox"/> Moral Beliefs		<input type="checkbox"/> Child receives support from adults other than parents	
<input type="checkbox"/> Values		<input type="checkbox"/> School provides clear rules and boundaries	
<input type="checkbox"/> Positive self regard			
<input type="checkbox"/> Good physical health			

Mental Health Risk Factors

Individual Factors	Family Factors	School Factors	Community and Cultural Factors
<input type="checkbox"/> Prenatal brain damage	<input type="checkbox"/> Having a teenage mother	<input type="checkbox"/> Poor attachment to school	<input type="checkbox"/> Socio-economic disadvantage
<input type="checkbox"/> Prematurity	<input type="checkbox"/> Absence of either parent in childhood	<input type="checkbox"/> Bullying	<input type="checkbox"/> Social or cultural discrimination
<input type="checkbox"/> Birth injury	<input type="checkbox"/> Large family size	<input type="checkbox"/> Peer rejection	<input type="checkbox"/> Neighborhood violence and crimes
<input type="checkbox"/> Low intelligence	<input type="checkbox"/> Anti-social role models	<input type="checkbox"/> Inadequate behavior management	<input type="checkbox"/> Population density and overcrowded housing conditions
<input type="checkbox"/> Chronic illness	<input type="checkbox"/> Neglect	<input type="checkbox"/> Deviant peer group	<input type="checkbox"/> Lack of recreational opportunities
<input type="checkbox"/> Poor health in infancy	<input type="checkbox"/> Marital discord in parents; divorce	<input type="checkbox"/> School failure	<input type="checkbox"/> Lack of support services
<input type="checkbox"/> Insecure attachment in infancy/ childhood	<input type="checkbox"/> Harsh or inconsistent discipline style	<input type="checkbox"/> Frequent school transitions	
<input type="checkbox"/> Low birth weight, birth complications	<input type="checkbox"/> Family violence and disharmony		
<input type="checkbox"/> Difficult temperament	<input type="checkbox"/> Low parental involvement in child's activities		
<input type="checkbox"/> Physical and/or intellectual disability	<input type="checkbox"/> Long term parental unemployment		
<input type="checkbox"/> Poor social skills	<input type="checkbox"/> Parent criminality		
<input type="checkbox"/> Low self-esteem	<input type="checkbox"/> Parental substance abuse		
<input type="checkbox"/> Impulsivity	<input type="checkbox"/> Parental mental health disorder		
	<input type="checkbox"/> Poor supervision and monitoring		
	<input type="checkbox"/> Family social isolation		
	<input type="checkbox"/> Lack of warmth and affection		
	<input type="checkbox"/> Death of family member		